

FOREST CITY REGIONAL HIGH SCHOOL
NOVEMBER LUNCH MENU 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Available Daily Assorted Salads Fruit Parfait Sun Butter & Jelly Sandwich * <u>Grab & Go Special for the Week:</u> Italian Hoagie * <u>Hot Line Alternates</u> <u>Mon & Thursday</u> Cheeseburger <u>Tues, Wed, & Friday</u> Chicken Fillet Sand. * <u>Grab & Go Special for the Week:</u> Cheese Quesadilla * <u>Daily Veggie Possibilities:</u> Featured Hot Veggie or Raw Vegetables (Cucumbers, Celery, Carrots, Broccoli) * <u>Grab & Go Special for the Week:</u> Buffalo Empanadas * Schoolcafe.com or 570-785-2412 for account balances * <u>Grab & Go Special for the Week:</u> Chicken Cheddar Ranch Wrap		<u>Free Breakfast and Lunch for all Students!</u> No applications to submit		<u>There will only be Sun Butter & Jelly as an alternate on Nov. 20th Thanksgiving Dinner day</u>	
	3 Mini Turkey Corn Dogs Oven Crisp Fries Peas & Carrots Apple Slices Peaches	<u>Brunch for Lunch</u> French Toast Sticks Syrup Tater Tots Sausage Patty Assorted Yogurt Orange Slices Pears	5 Pierogies w/Butter & Onions Goldfish Crackers Garden Salad w/Dressing Seasoned Green Beans Applesauce Mandarin Oranges	6 Chicken & Gravy over Biscuits Mashed Potatoes Glazed Carrots Chick Ps & Tomato Salad Peaches Pineapple	7 NY Style Pizza or Buffalo Pizza Garden Salad w/Dressing Steamed Broccoli Raisins Applesauce
	10 Popcorn Chicken w/Dipping Sauces Mashed Potatoes Gravy Buttery Corn Dinner Roll Peaches Apple Slices	11 NO SCHOOL 	12 Rotini w/Meat Sauce Garlic Breadstick Garden Salad w/Dressing Glazed Carrots Mandarin Oranges Applesauce	13 Turkey & Cheese Melt on a Pretzel Roll Oven Crisp Fries Steamed Broccoli Strawberries Orange Slices	14 Max Stix w/Side of Marinara Garden Salad w/Dressing Seasoned Green Beans Applesauce Raisins
	17 Macaroni & Cheese Steamed Broccoli Italian Style Stewed Tomatoes Dinner Roll Apple Slices Peaches	<u>Tacos on Tuesday</u> Taco Meat over Tortillas w/All the Fixin's Steamed Rice Buttery Corn Black Bean Salad Peaches Pears	19 Mozzarella Sticks w/Side of Marinara Garden Salad w/Dressing California Blend Veggies Applesauce Mandarin Oranges	<u>Thanksgiving Dinner</u> Roasted Turkey Stuffing Mashed Potatoes Sweet Potatoes Seasoned Green Beans Dinner Roll Cranberry Sauce Pumpkin Pie	21 Chicken Quesadilla Salsa Garden Salad w/Dressing Glazed Carrots Raisins Applesauce
	24 Boneless Wings Homemade Wing or BBQ Sauce Oven Crisp Fries Glazed Carrots Dinner Roll Peaches Apple Slices	25 Tortellini w/Sauce Garlic Bread Garden Salad w/Dressing Steamed Broccoli Pears Peaches	26 French Bread Pizza Garden Salad w/Dressing Seasoned Green Beans Mandarin Oranges Applesauce	 Happy Thanksgiving Gobble! Gobble!	28 NO SCHOOL

NOVEMBER BREAKFAST MENU 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Ham, Egg, & Cheese Croissant Fruit and/or Juice Milk	Egg & Cheese Croissant Fruit and/or Juice Milk	Bacon, Egg & Cheese Croissant Fruit and/or Juice Milk	Sausage, Egg, & Cheese Croissant Fruit and/or Juice Milk	Bacon, Egg, & Cheese Bagel Fruit and/or Juice Milk

Menu subject to change.

High School Breakfast and Lunch Meals are Free

This institute is an equal opportunity provider and employer