

FOREST CITY REGIONAL PRE-K
MAY MENU 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1% Unflavored Milk Served Daily * All Grains offered are Whole Grain * <u>Alternates Available Daily</u> Sun Butter & Jelly Sandwich * <u>All Students are eligible for a free breakfast and lunch each day!</u>  <u>Daily Fruit Possibilities:</u> Canned, Dried, or Fresh Fruit (Apples, Oranges, Bananas, Pears, Peaches, Pineapple, Mixed Fruit, Raisins, Fruit in Season) * <u>Daily Veggie Possibilities:</u> Featured Hot Veggie or Raw Vegetables (Cucumbers, Celery, Carrots, Broccoli) * <u>Healthy Snack for Home & School</u> Tortilla Chips & Salsa				1 Turkey & Melted Cheese on a Pretzel Roll Oven Crisp Fries Cucumbers Orange Smiles <u>Alternate</u> Egg Salad	2 Max Stix w/Side of Sauce Steamed Broccoli Raisins <u>Alternate</u> Egg Salad
	5 Steak & Cheese Hoagie Peppers & Onions Sweet Potato Puffs Apple Slices <u>Alternate</u> Turkey & Cheese	6 Popcorn Chicken w/Ketchup or BBQ Mashed Potatoes Gravy Chick Ps & Tomato Salad Pears <u>Alternate</u> Turkey & Cheese	7 Rotini w/Meat Sauce Garlic Breadstick Glazed Carrot Coins Mandarin Oranges <u>Alternate</u> Turkey & Cheese	8 Sweet & Sour Chicken over Rice Steamed Broccoli Pineapple Chunks Fortune Cookie <u>Alternate</u> Turkey & Cheese	9 New York Style Pizza Zucchini Applesauce <u>Alternate</u> Turkey & Cheese
	12 Boneless Wing Bites Homemade Wing or BBQ Sauce Oven Crisp Fries Dinner Roll Peachy Peaches <u>Alternate</u> Hot Dog	13 <u>Tacos on Tuesday</u> Taco Meat over Tortilla Chips w/All the Fixin's Buttery Corn Black Bean Salad Strawberry Cup <u>Alternate</u> Hot Dog	14 Pizza Wedge Glazed Carrot Coins Applesauce <u>Alternate</u> Hot Dog	15 Chicken Fillet Sandwich Smiley Fries Orange Smiles <u>Alternate</u> Hot Dog	16 Tortellini w/Sauce Garlic Bread Seasoned Green Beans Raisins <u>Alternate</u> Hot Dog
	19 Chicken Tenders w/Ketchup or BBQ Seasoned Potato Wedges Apple Slices <u>Alternate</u> Ham & Cheese	20 Seasoned Pork Sandwich Plain or BBQ Roasted Potatoes Cucumbers Pears <u>Alternate</u> Ham & Cheese	21 Chicken Alfredo over Pasta Garlic Breadstick Steamed Broccoli Mandarin Oranges <u>Alternate</u> Ham & Cheese	22 Mini Turkey Corn Dogs Oven Crisp Fries Baked Beans Pineapple Chunks <u>Alternate</u> Ham & Cheese	23 Mickey's Pizza Glazed Carrot Coins Applesauce <u>Alternate</u> Ham & Cheese
	26 NO SCHOOL  MEMORIAL DAY!	27 <u>Brunch for Lunch</u> French Toast Sticks Syrup Tater Tots Sausage Patty Strawberry Cup <u>Alternate</u> Egg Salad	28 Rotini w/Meat Sauce Garlic Breadstick Glazed Carrot Coins Applesauce <u>Alternate</u> Egg Salad	29 Chicken & Gravy over Biscuits Mashed Potatoes Cucumbers Orange Smiles <u>Alternate</u> Egg Salad	30 Mozzarella Sticks w/Side of Sauce Steamed Broccoli Raisins <u>Alternate</u> Egg Salad

MAY BREAKFAST MENU 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Assorted Cereal Graham Crackers Fruit and/or Juice Milk	Assorted Cereal Graham Crackers Fruit and/or Juice Milk	Assorted Cereal Graham Crackers Fruit and/or Juice Milk	Assorted Cereal Graham Crackers Fruit and/or Juice Milk	Assorted Cereal Graham Crackers Fruit and/or Juice Milk

Menu subject to change.

Pre-K Breakfast and Lunch Meals are Free - Snack Milk and Snack are Free

This institute is an equal opportunity provider and employer